



Greensted Junior School Autumn Term 2020 – School Dinner Menu



DINNER TIMES	WEEK 1 W/C Monday 4 th January, 25 th January, 22 nd February, 15 th March,	WEEK 2 W/C Monday 11 th January, 1 st February, 1 st March, 22 nd March	WEEK 3 W/C Monday 18 th January, 8 th February, 8 th March
Mad Monday Dish of the Day Red Choice 1	Homemade Italian Pizza Cheese & Tomato or Pepperoni (or Coddled Fillet)	Homemade Italian Pizza Cheese & Tomato or Pepperoni (or Salmon Fillet)	Homemade Italian Pizza Cheese & Tomato or Pepperoni (or Coddled Fillet)
Dish of the Day Red Choice 2	Jacket Potato with Cheese & Beans or Crispy Bubble Fish	Jacket Potato with Cheese & Beans or Whole meal Breaded Fish Fillet	Jacket Potato with Cheese & Beans
Cold Option	Cheese, Ham or Tuna Roll	Cheese, Ham or Tuna Roll	Cheese, Ham or Tuna Roll
Accompaniments	Herby Potatoes & Sweetcorn	Herby Potatoes & Baked Beans	Herby Potatoes & Sweetcorn
Salad/Vegetable Selection	Homemade Coleslaw, Homemade Pasta Salad, Freshly Prepared Salad	Homemade Coleslaw, Homemade Pasta Salad, Freshly Prepared Salad	Homemade Coleslaw, Homemade Pasta Salad, Freshly Prepared Salad
Desserts	Cake & Custard, Low Fat Yogurt, Seasonal Fresh Fruit	Iced Sponge Cake & Custard, Low Fat Yogurt, Seasonal Fresh Fruit	Chocolate Cake & Custard, Low Fat Yogurt, Seasonal Fresh Fruit
Tasty Tuesday Dish of the Day Red Choice 1	Spaghetti Bolognese	Sausage Pasta Bake	Chicken Pasta Bake
Dish of the Day Red Choice 2	Jacket Potato with Cheese & Beans	Jacket Potato with Cheese & Beans	Jacket Potato with Cheese & Beans
Cold Option	Cheese, Ham or Tuna Roll	Cheese, Ham or Tuna Roll	Cheese, Ham or Tuna Roll
Accompaniments	Garlic Bread	Sweetcorn	Peas
Salad/Vegetable Selection	Homemade Coleslaw, Homemade Pasta Salad, Freshly Prepared Salad	Homemade Coleslaw, Homemade Pasta Salad, Freshly Prepared Salad	Homemade Coleslaw, Homemade Pasta Salad, Freshly Prepared Salad
Desserts	Pancakes & Syrup, Low Fat Yogurt, Seasonal Fresh Fruit	Brownie, Low Fat Yogurt, Seasonal Fresh Fruit	Jam Doughnut, Low Fat Yogurt, Seasonal Fresh Fruit
Wicked Wednesday Dish of the Day Red Choice 1	British Roast Turkey served with Yorkshire Pudding & Stuffing, Roast or Creamed Potatoes	British Roast Gammon served with Yorkshire Pudding, Roast or Creamed Potatoes	British Chicken served with Yorkshire Pudding, Roast or Creamed Potatoes
Dish of the Day Red Choice 2	Vegetarian Hot Dinner	Vegetarian Hot Dinner	Vegetarian Hot Dinner
Cold Option	Cheese, Ham or Tuna Roll	Cheese, Ham or Tuna Roll	Cheese, Ham or Tuna Roll
Accompaniments	Carrots, Peas & Gravy	Carrots, Brussels & Gravy	Carrots, Savoy Cabbage & Gravy
Salad/Vegetable Selection	Homemade Coleslaw, Homemade Pasta Salad, Freshly Prepared Salad	Homemade Coleslaw, Homemade Pasta Salad, Freshly Prepared Salad	Homemade Coleslaw, Homemade Pasta Salad, Freshly Prepared Salad
Desserts	Jelly, Low Fat Yogurt, Seasonal Fresh Fruit	Jelly,, Low Fat Yogurt, Seasonal Fresh Fruit	Jelly, Low Fat Yogurt, Seasonal Fresh Fruit
Yummy Thursday Dish of the Day Red Choice 1	Sausage & Mash	Chicken Pie	Fish Fingers
Dish of the Day Red Choice 2	Jacket Potato with Cheese & Beans	Jacket Potato with Cheese & Beans	Jacket Potato with Cheese & Beans
Cold Option	Cheese, Ham or Tuna Roll	Cheese, Ham or Tuna Roll	Cheese, Ham or Tuna Roll
Accompaniments	Peas	Creamed Potatoes & Mixed Vegetables	Waffles/Smiley Faces or Herby Potatoes & Beans
Salad/Vegetable Selection	Homemade Coleslaw, Homemade Pasta Salad, Freshly Prepared Salad	Homemade Coleslaw, Homemade Pasta Salad, Freshly Prepared Salad	Homemade Coleslaw, Homemade Pasta Salad, Freshly Prepared Salad
Desserts	Chocolate Chip Cookie,, Low Fat Yogurt, Seasonal Fresh Fruit	Shortbread, Low Fat Yogurt, Seasonal Fresh Fruit	Cheesecake, Low Fat Yogurt, Seasonal Fresh Fruit
Funky Friday Dish of the Day Red Choice 1	Chunky Chicken Breast Nuggets 	Pork/Fish Burger 	Freshly Baked Sausage Roll 
Cold Option	Cheese, Ham or Tuna Roll	Cheese, Ham or Tuna Roll	Cheese, Ham or Tuna Roll
Accompaniments	Freshly cooked Chips, Tomato, BBQ & Mayo Sauce 	Freshly cooked Chips, Tomato, BBQ & Mayo Sauce 	Freshly cooked Chips, Tomato, BBQ & Mayo Sauce 
Desserts	Ice Cream or Seasonal Fresh Fruit, Fruit Juice	Ice Cream or Seasonal Fresh Fruit, Fruit Juice	Ice Cream, Seasonal Fresh Fruit, Fruit Juice



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